

What Should Parents Expect?

At the Clinic, the client's presenting problem is briefly assessed and intervention provided accordingly. This most often involves advice and/or ideas to help the parents manage any existing problems. In the majority of cases, no further intervention may be required.

Further Options . . .

If the presenting problem requires further attention or monitoring, the parents may be asked to return for review at future clinics.

If more detailed assessment or intervention is deemed necessary by the therapist, the child may be put on a waiting list or given an out-patient appointment with the appropriate health professional. Attendance at the clinic will not "bypass" or "jump" normal waiting list requirements.

When & Where?

**Burnie
Devonport
East Devonport**

FOR MORE INFO
Refer to Drop In Clinic flyers

Or

CONTACT:
BURNIE
Physiotherapy Dept
NWRH
PO Box 258
Burnie 7320
(03) 64936250
DEVONPORT
Physiotherapy Dept
DC&HSC
23 Steele Street
Devonport 7310
(03) 64786155

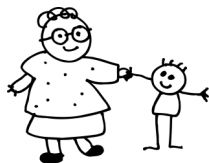
Email: burnie.physio@ths.tas.gov.au

**PAEDIATRIC THERAPY
SERVICES
NORTH WEST REGION**

Paediatric Drop In Clinics



What is the Drop In Clinic?



The Paediatric Drop in Clinic is a free screening service provided in centres on the North West Coast. Mostly for children aged 0-5 years, although children up to 18 are eligible.

Professionals available for consultation at the Clinic may include Physiotherapist, Podiatrist, Speech Pathologist (for 0-5 years), Psychologist (for 0-5 years), Parenting centre Worker, Autism Support Worker, Dental Health Therapist and ECIS representative.

The aim of the service is to provide a point of access and screening service for parents who may have minor concerns about aspects of their child's development. Through the clinic, they can access advice from therapists without the need for the usual referral process.

Who Can I Refer?

Any paediatric client about whom you may have minor concerns can be referred for screening at the Drop In Clinic. Where there are more serious concerns these children should be referred directly to the appropriate service. Advice and intervention is available to parents on many common paediatric problems seen by Therapists including the following:

Physiotherapy:

- Intoeing
- Out toeing
- Head shape
- Toe walking
- Gross Motor Delays (Mild)
- Frequent falls
- Bow-legs
- Knock-knees

The Physiotherapist may prescribe exercises and activities/games to stretch and strengthen appropriate muscles, to aid development of gross motor skills or give positioning and handling ideas .

Podiatry:

- Flat Feet
- Curly Toes
- Foot Pain
- Intoeing
- Any Concerns regarding foot structure or development

The Podiatrist can provide an assessment and advise children and parents on care or intervention required.

Speech Pathology:

- Late to begin talking
- Limited range of words or sentences
- Stuttering
- Hard to understand
- Difficulties following directions
- Unusual sounding voice

Devonport DIC Only:

- Breast/bottle feeding problems
- Difficulties transitioning to solid foods

The Speech Pathologist can informally assess your child's communication and feeding skills, provide suggestions for promoting speech and language skills and, if required, arrange for further assessment and therapy.

Dental Health:

- Teething and eruption of teeth
- Thumb and finger sucking and position of teeth
- Tooth decay and how to prevent it
- Tooth brushing techniques
- Tooth friendly diet tips

The Dental Therapist can provide assessment, advice and treatment for children from birth to 18 years of age. Clinic locations and appointments can be arranged at the Paediatric Drop In Centre sessions.

Psychology (0-4 years):

- Behaviour
- Social Skills
- Learning Difficulties
- ADHD
- Autism

The Psychologist can discuss any behavioural or learning concerns you may have about your child. They can suggest behaviour management strategies or ideas to support your child's learning and development. A recommendation for follow-up assessment may also be made.

Parenting Centre (0-5 years) :

- Breastfeeding
- Post-natal depression
- Sleep problems
- Toileting problems
- Behaviour

Autism Support Worker:

A representative from the St.Giles Autism Specific Early Learning and Care Centre is able to help if you need advice about your child with autism, or concerns that your child may have autism.

Early Childhood Intervention Service:

Early Childhood Intervention Service provides a range of specialist services for families with children who have a developmental delay or disability, prior to school entry.