

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>The Playhouse 9.30-12.30 (Closed School Hols 8–19 July)</p>  <p><i>Open during school terms</i></p> <p>Monday Mosaics 10am – 2pm Class currently full - phone to register your interest for Tuesday classes \$2</p> <p>Crochet your own Bag! 9.30-11.30am July 1 Surprise yourself with how easy & fast it is – in three sessions you can make your very own gorgeous bag! Call to book in. \$2</p> <p>Community FoodShed 2pm – 3pm Fresh fruit and veg everyday plus free day-old bread.</p> <p>Dinner for locals 6pm last Mon in month 29 July/26Aug Morris Ave / Chichester Drive LOCALS ONLY</p>	<p>The Playhouse 9.30-12.30 (Closed School Hols 8–19 July)</p> <p>School Holidays ★ Playhouse 2 – 5 years 9.30am-12pm 9 & 16 July 9th – Make Damper & Butter! 16th – Cactus Garden!</p> <p>Com House 6–12 years 1.30–3.30pm 9 & 16 July \$3 9th – Aussie Magic cooking 16th – Miniature Gardens</p> <p>Mersey Weight Control Club 8.30 – 10am</p> <p>Hug a Mug Café 10am–12pm</p> <p>Card Making with Dale 10am – 12pm \$2 (no classes school hols)</p> <p>No Interest Loans (NiLS) Contact Nils on 1300 301 650 to register then give us a call.</p> <p>Community FoodShed 2pm – 3pm</p> <p>Belly Dancing 5–6.30pm Open to all ages with Ann-Marie 6424 3139 By donation</p>	<p>ThePlayhouse 9.30-12.30 (Closed School Hols 8–19 July)</p> <p>Cook n Taste@Playhouse 10.30am 3&24July, 14/28Aug</p> <p>Wellways to Health ★ 10am-12noon July 10, 17, 24, 31 Manage stress, anxiety & depression better for you and friends...phone to book for this 4 week course.</p> <p>Eating with Friends Lunch 12.15pm 17 July, 14 Aug Two course luncheon for \$5. Bookings essential.</p> <p>Community FoodShed 2pm – 3pm</p> <p>GiFs for girls 12-16 years 3 – 4.30pm Girls group. Call to book in, not operating during school holidays.</p> <p>Weight Control Group 5 – 5.45pm \$3 week</p> <p>Kadampa Meditation 7 – 8.30pm. Drop in \$12 P: 0487 762 992</p>	<p>ThePlayhouse9.30-12.30 (Closed School Hols 8–19 July)</p> <p>Potter in the Garden 9.30am – 12noon Join our guru gardeners. Morning tea provided!</p> <p>Patchwork&Embroidery 9.30am - 11.30am \$2 Join a self-help group with experienced quilters for all your patchwork/embroidery</p> <p>Hug a Mug Café 10am–12pm Try our fabulous Leaping Goat coffee! \$2</p> <p>Barmy Bingo! ★ 11am – 12pm Meet others and join in for some light entertainment with great prizes and rolling jackpot. FREE soup/muffins for lunch</p> <p>Community Food Shed 2pm –3pm Fresh fruit and veg everyday plus free day-old bread.</p>	<p>The Playhouse 9.30- 12.30 (Closed School Hols 8–19 July)</p> <p>Red Nose Day 9 Aug Daffodil Day 23 Aug Father's Day craft 26-30Aug</p> <p>Cooking for Locals 10am – 12noon For Highfield locals only.</p> <p>No Interest Loans (NiLS) Contact Nils on 1300 301 650 to register then give us a call.</p> <p>Food Shed 2pm – 3pm</p> <hr/> <p>★ ★ ★ ★ ★</p> <p>SATURDAYS 13July/10Aug 10am-2pm Scrap & Yak Relax, have a cuppa & scrap! \$3 BYO Lunch, kits available</p> <hr/> <p>★ ★ ★ ★ ★</p> <p>SUNDAYS 1pm-5.30pm Samudra Kadampa Buddhist Centre Foundation Program Meditation and relaxation. For dates and info call Sarah 0487 762 992</p>

Sumadra Kadampa

Buddhist Centre

Foundation Program

SUNDAYS

1 – 5.30pm

Meditation and Relaxation

Call Sarah 0487 762 992 for more info & dates.

Hug a Mug Cafe

Tuesdays & Thursdays

10am – 12pm



Enjoy some barista-made coffee & yummy scones or brownies. Drop in for a chat or read the paper. All made by locals!

\$2 Coffees 50c snacks

SCRAP & YAK

Scrapbooking with Dale

SATURDAYS 10am – 2pm

13 July, 10 Aug

For any level ability, byo resources or purchase a kit.
BYO lunch, hot drinks provided \$3



Belly Dancing with Ann-Marie

Tuesdays 5 – 6.30pm

Open to all ages and abilities. Have some fun and do some exercise! By donation.
Call Ann-Marie on 6424 3139 for info.



CARD MAKING

TUESDAYS 10am-12pm

Join Dale and our class of dedicated card-makers and impress yourself & others!!! Drop in \$2 (+\$3 card kit)



The PlayHouse is OPEN for fun!

MON – FRI 9.30am – 12.30pm School days only
Open for school holiday fun on Tuesdays 9.30am – 12pm.

The Playhouse is located cnr Forbes & Charles Sts,
6424 7060 for weekend Party hire. Closed school holidays.

Eating with Friends

Middle Wednesday in month
12.15 – 1.30pm

Laugh, chat and eat your way through
a two-course luncheon for only \$5.
Bookings essential.

It's Barmy Bingo!!



Thursdays 11am

FREE Soup & muffins after.

GIF's – Girls Integrating Friendships

WEDNESDAYS 3 – 4.30pm school terms

RESPECT, FRIENDSHIP, FUN

Group for girls 12 – 16 years from local schools
Sessions on respectful friendships, personality types,
self-care, art & craft and cooking.

Phone Danielle at the House for details

Other Activities

- **Quakers meet** – Sundays 10.30am
- **Nils Loans** – we help with your paperwork
- **Meals on Wheels** – chat to Jo about your needs

Supported by the Crown AND Devonport City Council