

Protecting yourself and others from coronavirus

Hand Washing Procedure



1 Wash with water and soap, ensuring the entire back and front hand surface is covered



2 Lather palms together



3 Lather between fingers



4 Focus on both front and back of thumbs

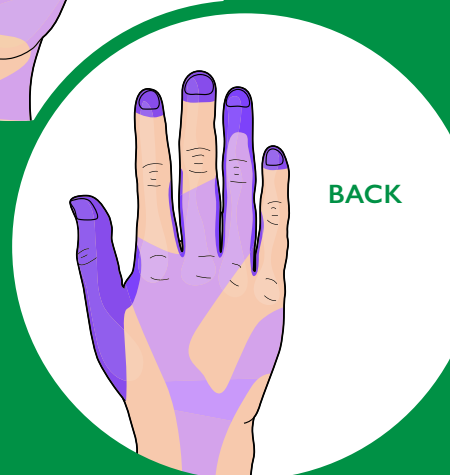
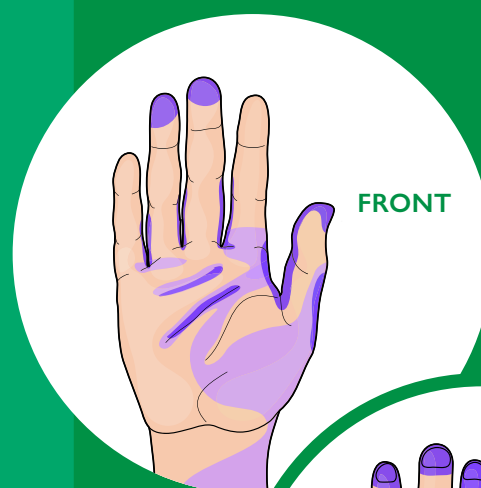




5 Make sure to reach the back of your hands



6 Lather wrists and rotate

Frequently missed spots when washing hands



-  MOST FREQUENTLY MISSED
-  FREQUENTLY MISSED