

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ThePlayhouse 9.30-12pm</b> Closed school hols 28 Sept – 9 Oct <b>Monday Mosaics</b> <b>10am – 2pm</b> Self-help group learning and laughing together whilst creating fabulous mosaics \$2 <b>Community FoodShed</b> <b>2pm – 3pm</b> Fresh fruit and veg everyday plus free day-old bread. All available produce and bread left out in front of Shed. Donations appreciated <hr/>  <b>COVID-19 NOTICE</b> Due to Public Health & Safety regulations we are reopening under a Safety Plan with risk management, quarantine, personal health, hygiene, cleaning and physical distancing requirements. PLEASE! Follow all signage to help us stay Coronavirus free in the House and throughout our beautiful Tasmania.	<b>Mersey Weight Control Club 8 – 9.30am</b> For support, tips, keeping each other accountable, Joining fee \$3, weekly fee \$2 <b>Hug a Mug Café</b> <b>10am–11.30am</b> Leaping Goat Coffee fix for \$2 Try our delicious treats! <b>Barmy Bingo!</b>  <b>11.30am – 12pm \$4</b> Extra day for Bingo! Bookings or first in has the spot. <b>Decorative Wall Mask</b> <b>10am – 12pm \$3</b> Find your inner artist and make a fabulous wall-hanging face mask. BYO special beads or decorations. <b>Anti-Poverty Week</b>  <b>Save \$\$ in the Drive</b> <b>Tues 13 Oct 2 – 3.30pm</b> Join us for tasters, pre-loved clothes & how to save \$\$! <b>Community FoodShed</b> <b>2pm – 3pm</b> Fresh fruit and veg everyday plus free day-old bread.	<b>ThePlayhouse 9.30-12pm</b> School Holiday activities on 30 Sept & 7 Oct. <b>Card Making with Lyn</b> <b>10am – 12pm \$2 + \$3 kit</b> Not creative? That's what you thought! Cards to surprise.. <b>Water exercise for 65's+</b> <b>10am – 11am FREE</b> Bookings essential. <b>Senior's Week x 2!</b>  <b>High Tea @ Hug-a-Mug</b> <b>14 Oct 10am – 11.30am OR 2 – 3.30pm</b> Join in for mischievous treats with some quiz fun. Bookings essential, limited numbers \$5 <b>No Interest Loans (NiLS)</b> <b>1.30 – 3.30pm Book in</b> Contact Nils on 1300 301 650 to register then give us a call. <b>Community FoodShed</b> <b>2pm – 3pm</b> <b>Weight Control Group</b> <b>4.30pm – 5pm</b> Joining fee \$3, weekly \$2.50	<b>Potter in the Garden</b> <b>9.30am – 12noon</b> Join our gardening gurus for your garden fix! Free activity <b>Hug a Mug Café</b> <b>10am–11.30am</b> Try Leaping Goat Coffee \$2 and home-made treats! <b>Barmy Bingo!</b> <b>11.30am – 12pm \$4</b> Meet others, have some fun with numbers & win some treats! Soup of the day with muffins afterwards! <b>Goal Setting Priorities</b> <b>Dealing with Conflict</b> <b>12.30 – 2.30pm</b> <b>3 Sept / 8 October</b> Two free workshops for anyone wanting to build understanding & empathy. Lunch supplied, bookings essential. <b>Community FoodShed</b> <b>2pm – 3pm</b>	<b>ThePlayhouse 9.30-12pm</b> Closed school hols 28 Sept – 9 Oct <b>Friday Mosaics</b> <b>10am – 1pm</b> Self-help group learning and laughing together whilst creating fabulous mosaics \$2 <b>Water exercise for 65's+</b> <b>10am – 11am FREE</b> Bookings essential <b>No Interest Loans (Nils)</b> <b>10am – 12pm Book in</b> Contact Nils on 1300 301 650 to register then give us a call. <b>FoodShed 2pm – 3pm</b> <hr/>  <b>SATURDAYS</b> <b>19 Sept/17 Oct 10am - 2pm</b> <b>Card making with Dale</b> Relax, have a cuppa & make cards! \$2 + kits, BYO Lunch <hr/>  <i>Open during school terms Mon, Wed, Fridays only</i>

**PHYSICAL ACTIVITY  
FOR OVER 65'S  
Water Exercises!  
Wednesdays & Fridays  
10am-11am**

Free sessions at the Hydrotherapy pool at Splash Devonport.  
Register for sessions running to mid-Nov.

*Many Thanks to MSK Aust &  
Active Neighbourhoods for Older  
Australians*

**COMING UP...**

Would you like to be involved??  
Have your say about our local  
**Highfield Park Nature play area**  
proposal. Help this project be  
amazing for our community!



**\*\*\*Goal Setting Priorities\*\*\***

**\*\*Dealing with Conflict\*\***

**THURSDAYS 3<sup>rd</sup> Sept, 8<sup>th</sup> Oct**

**12.30 – 2.30pm**

Register your interest in attending FREE sessions.

**CARD MAKING WITH DALE**

**10am – 2pm 19 Sep, 17 Oct**

**\$2 + kits & BYO Lunch**

*Tea/Coffee available*

For any level ability  
BYO resources or purchase a kit.

**Phone Dale 0447 462 686**



**CARD MAKING**

**WEDNESDAYS 10am-12pm**

**With Lyn**

Join this fabulous class of dedicated  
card-makers and impress yourself &  
others!!! \$2 (+\$3 card kit)



**Weight Control Groups**

**Tuesday 8am – 9.30am**

**Wednesday 4.30pm – 5pm**

Small friendly groups to help you lose  
weight and be healthy. Social activities  
and friendship. Phone for more info.

**Hug a Mug Café on  
Tuesdays & Thursdays!**

**From 10am-11.30am**

Enjoy fabulous Leaping Goat coffee  
and snacks. Coffee \$2, snacks 50c



**It's Barmy Bingo!!  
Tuesdays & Thursdays**

**11.30am \$4**

Be ready to start the fun  
at 11.30am with Melissa.

Soup & muffins after



**The PlayHouse is OPEN for fun!**

**MON/WED/FRI 9.30am–12. School days only**  
Physical distancing & number restrictions mean first in best placed –  
25 only per day.

The Playhouse is located cnr Forbes & Charles Sts, 6424 7060  
Closed school holidays and weekends (at the moment)

**Other Activities**

- **Meals on Wheels** – chat to Jo at the House about your needs
- **Cooking for children with allergies** – coming up at The Playhouse in November

Supported by the Crown AND Devonport City Council