


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ThePlayhouse 9.30-12pm</p> <p>Potter in the Garden 9.30am – 12noon Join our gardening gurus for your garden fix! Free activity</p> <p>Hug a Mug Café 10am – 2pm Now open for lunch! Enjoy a Leaping Goat Coffee fix for \$2 Try our delicious treats!</p> <p>Monday Mosaics 10am – 2pm Self-help group \$2</p> <p>Cooking for Locals 10.30 – 12pm (2nd Mon) Cook your favourite or try something new \$2</p> <p>Community FoodShed 2pm – 3pm Fresh fruit and veg everyday plus free day-old bread.</p> <p>Belly Dancing is back! 6pm – 7.30pm 6pm – Beginners 6.30 – Intermediate @ThePlayhouse. Ph Ann-Marie for details 0401 513 664</p>	<p>Mersey Weight Control Club 8 – 9.30am For support, tips, keeping each other accountable, Joining fee \$3, weekly fee \$2</p> <p>Hug a Mug Café 10am – 2pm Now open for lunch! Enjoy a Leaping Goat Coffee fix for \$2 Try our delicious treats!</p> <p>Vision-Impaired Meet 10am – 12pm monthly Support group. Free activity Call for dates.</p> <p>Community FoodShed 2pm – 3pm Fresh fruit and veg everyday plus free day-old bread.</p> <hr/> <p>★ ★ ★ ★ ★ Join us in 2021 on March 27</p> <p>RELAY FOR LIFE</p> 	<p>ThePlayhouse 9.30-12pm</p> <p>Cook'n'Taste with Melissa 17Feb & 3/17/31 Mar</p> <p>Card Making 10am – 12pm \$2 + \$3 kit Join in making cards for you or a gift – enjoy some creativity.</p> <p>Carer's Tas Sessions 10am-1.30pm 3 March Join us for 2 fabulous sessions Care2Grow & Care2Cook. Bookings essential.</p> <p>Electrical Freebies Table 12-1pm last Wed in month Check out the latest donations from the Tip Shop – all free.</p> <p>Eating with Friends 12.15pm 10 Feb Meet others and enjoy a 2-course luncheon for \$5. Bookings essential</p> <p>No Interest Loans (NiLS) 1.30 – 3.30pm Book in</p> <p>Community FoodShed 2pm – 3pm</p> <p>Weight Control Group 5pm – 5.30pm Joining fee \$3, weekly fee \$3</p>	<p>Potter in the Garden 9.30am – 12noon Join our gardening gurus for your garden fix! Free activity</p> <p>Hug a Mug Café 10am – 2pm Now open for lunch! Enjoy a Leaping Goat Coffee fix for \$2. Try our delicious treats!</p> <p>Barmy Bingo! 11.30am – 12.30pm \$5 Meet others, have some fun with numbers & win some treats! Includes Soup & muffins afterwards!</p> <p>The Art of Communication & Boundaries with Ally S. 12.30 – 3.30pm 18 March Workshop for everyone, bookings essential.</p> <p>Community FoodShed 2pm – 3pm Fresh fruit and veg everyday plus free day-old bread.</p> <hr/> <p>★ ★ ★ ★ ★ SUNDAY 7 Feb 4-7pm</p> <p>Music in the Garden Music & food! BYO Chair. By Donation, Covid rules!</p>	<p>ThePlayhouse 9.30-12pm</p> <p>Friday Mosaics 10am–1pm Self-help group \$2</p> <p>No Interest Loans (NiLS) 10am – 12pm Book in Contact Nils on 1300 301 650 to register then give us a call.</p> <p>FoodShed 2pm – 3pm</p> <hr/> <p>★ ★ ★ ★ ★ SATURDAYS</p> <p>20Feb/20Mar 10am-2pm</p> <p>Card making with Dale Relax, have a cuppa & make cards! \$2 + kits, BYO Lunch</p> <hr/> <p>★ ★ ★ ★ ★ SUNDAYS 2pm-5pm</p> <p>Samudra Kadampa Buddhist Centre Foundation Program Call Sarah 0487 762 992 for details & dates.</p> <hr/> <p>Writer's Group 3 - 5pm From Mar 7 weekly Workshop format, tips & sharing. Contact Geoff 64247109</p>

Sumadra Kadampa

Buddhist Centre

Foundation Program

SUNDAYS 2 – 5pm

Meditation and Relaxation
Call Sarah 0487 762 992 for
more info & dates.

Music in the Garden

SUNDAY 7th Feb 4pm – 7pm

Relax with Dom in the Community Garden!
Child friendly environment – check out the Fairy
Garden & play areas!
All money raised to Relay for Life



Weight Control Groups

Tuesday 8am – 9.30am

Wednesday 5pm – 5.30pm

Small friendly groups to help you lose
weight and be healthy. Social activities
and friendship. Phone for more info.

CARD MAKING WITH DALE

10am – 2pm 20 Feb/20 Mar

\$2 + kits & BYO Lunch

Tea/Coffee available

For any level ability
BYO resources or purchase a kit.

Phone Dale 0447 462 686



Hug a Mug Cafe

Mon / Tues / Thurs

10am – 2pm

Now open for LUNCH!
Enjoy some barista-made
coffee & yummy snacks at
very affordable prices.

\$2 coffees

50c snacks

Check out our new lunch menu!



care2serve
YOU'RE ALWAYS FIRST



Offering Care2Grow & Care2Cook at the
House 10am–1.30pm **WEDNESDAY 3 Mar.**

Contact us to participate in these fabulous
free sessions!

Eating with Friends

Second Wednesday in month
12.15 – 1.45pm

Laugh, chat and eat your way through a
two-course luncheon for only \$5.
Bookings essential.

It's Barmy Bingo!!

Thursdays 11.30am \$5

Be ready to start the fun
at 11.30am with Melissa.

Soup & muffins after



Other Activities

- **Meals on Wheels** – chat to Jo at the House about your needs
- **Community Garden hothouse building** – let us know if you want to participate in this activity – starting end of Feb.
- **Highfield Park nature play area & bbq** – coming soon, talk to us if you have ideas or want to be involved.
- **Wendy's Mosaics Superclass** – coming soon over 2 weekends
- **Dev Soroptimist Club** – supporting women & girls causes. Meet first Wed in month 6.30pm @The Playhouse

Supported by the Crown AND Devonport City Council

The PlayHouse is OPEN for fun!

MON/WED/FRI 9.30am–12. School terms only

Covid restrictions with 30 people per day.

The Playhouse is located cnr Forbes & Charles Sts, 6424 7060
Closed school holidays and weekends (at the moment)