



Epilepsy is disease of the brain characterised by the tendency to have spontaneous recurrent seizures. It is the 4<sup>th</sup> most common brain disorder after migraine, stroke, and Alzheimer's Disease.

Although is more likely to be diagnosed in childhood or senior years, it can be diagnosed at any age. It affects people of any intelligence, gender, or race.

There is no identifiable cause in about half of the people with epilepsy. It can sometimes be caused by head trauma, stroke, infectious disease of the brain, or existing abnormalities of the brain from birth. Genetics also play a role in some people.

About 1 in 200 children has epilepsy.

Contact the School Health Nurse if you would like to discuss your child's Epilepsy or Action Plan.

