

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ThePlayhouse 9.30-12pm</b> (Closed school &amp; public hols)</p> <p><b>Potter in the Garden</b> <b>9.30am – 12noon</b></p> <p><b>Hug a Mug Café</b> <b>10am – 1pm</b> New Lunch menu including gluten free options!</p> <p><b>Monday Mosaics</b> <b>10am – 2pm</b> Self-help group \$2</p> <p><b>Cooking for Locals</b> <b>10.30 – 12pm (2<sup>nd</sup> Mon)</b> Try something new \$2</p> <p><b>Community FoodShed</b> <b>2pm – 3pm</b></p> <p><b>Mosaic Art the Park!</b> <b>3pm-4.30pm from 7June</b> Join us to create your own piece of Highfield Park Art! Children encouraged. FREE pizza &amp; milo.</p> <p><b>Belly Dancing is back!</b> <b>6pm – 7.30pm</b> 6pm – Beginners 6.30 – Intermediate @ThePlayhouse. Ph Ann-Marie for details 0401 513 664</p>	<p><b>Mersey Weight Control Club 8 – 9.30am</b> Joining fee \$3, weekly fee \$2</p> <p><b>Tuesday Mosaics</b> <b>10am–1pm</b> Self-help group \$2</p> <p><b>Tuesday Treasures</b> <b>10am – 11.30am \$3</b> Creating craft and art projects to impress! Ideas &amp; materials supplied, bookings essential</p> <p><b>Hug a Mug Café</b> <b>10am – 1pm</b></p> <p><b>Vision-Impaired Meet</b> <b>10am – 12pm monthly</b> Support group meets monthly Free activity, Call for details</p> <p><b>Community FoodShed</b> <b>2pm – 3pm</b></p> <p><b>Save \$\$ in the Drive</b> <b>Tues 20 July 2 – 3.30pm</b> With Mission, CityMission, Library, Housing Choices. Locals can enjoy tasters, pre-loved clothes &amp; save \$\$!</p>	<p><b>ThePlayhouse 9.30-12pm</b> (Closed school &amp; public hols)</p> <p><b>Cook'n'Taste with Melissa</b> 2 June – National Egg Day 16 June– Eat your Veggies Day 30June – Coconut Day 21 July –World Lamington Day</p> <p><b>Card Making</b> <b>10am – 12pm \$2 + \$3 kit</b> Join in with Cressida &amp; Lyn making cards for you or a gift – surprise yourself.</p> <p><b>Eating with Friends</b> <b>12.15pm 16June, 14July</b> Meet others and enjoy a 2-course luncheon for \$5. Bookings essential</p> <p><b>Wellways Understanding Mental Health Issues</b> <b>1pm – 3.30pm 7 July</b> How to recognise &amp; help. Free session</p> <p><b>No Interest Loans (NiLS)</b> <b>1.30 – 3.30pm Book in</b></p> <p><b>Community FoodShed</b> <b>2pm – 3pm</b></p> <p><b>Weight Control Group</b> <b>4.30pm – 5pm</b> Joining fee \$3, weekly fee \$3</p>	<p><b>Potter in the Garden</b> <b>9.30am – 12noon</b></p> <p><b>Coffee mornings with Care2Serve 10-11.30am</b> Connect &amp; chat with other Carers &amp; enjoy a free cuppa!</p> <p><b>Hug a Mug Café</b> <b>10am – 1pm</b> New menu including gluten free options. Offering you a chance to relax and enjoy a Leaping Goat coffee!</p> <p><b>Pingo &amp; Pie! Eyes down</b> <b>11.15am – 12.15pm \$5</b> Try our latest sweet or savoury PIES – before or after your game!! Yum!</p> <p><b>Community FoodShed</b> <b>2pm – 3pm</b> Fresh fruit and veg everyday plus free day-old bread.</p> <p><b>PLAYHOUSE</b> Open during school terms 9.30am - 12pm Mon, Wed, Fridays only</p>	<p><b>ThePlayhouse 9.30-12pm</b> (Closed school &amp; public hols)</p> <p><b>No Interest Loans (NiLS)</b> <b>10am – 12pm Book in</b></p> <p><b>FoodShed 2pm – 3pm</b></p> <p><b>SATURDAYS</b> <b>No June/17July 10am-2pm</b> <b>Card making with Dale</b> Relax, have a cuppa &amp; make cards! \$3 + kits, BYO Lunch</p> <p><b>SUNDAYS 1 – 4pm</b> <b>Mosaic Art the Park!</b> <b>Starting 6 June</b> Join us to create your own piece of Highfield Park Art! Everyone invited, drop in to be part of this project.</p>

## Mosaic Art the Park!

SUNDAYS 1 – 4pm

MONDAYS 3 – 4.30pm

From Sunday 6 June for 4 weeks

Join us in to be a part of the Highfield Park Art project!

Everyone invited, pizza and drinks available.



## Covid safety

Just a reminder – sign in the House book  
AND sign in Check in Tas



A Social Hub providing Opportunities for the Community

## Weight Control Groups

Tuesday 8am – 9.30am

Wednesday 4.30pm – 5pm

Small friendly groups to help you lose weight and be healthy. Social activities and friendship. Phone for more info.

## CARD MAKING WITH DALE

10am – 2pm 17 July

\$2 + kits & BYO Lunch

Tea/Coffee available

For any level ability

BYO resources or purchase a kit.

Phone Dale 0447 462 686



## Hug a Mug Cafe

Mon / Tues / Thurs

10am – 1pm

Now open for LUNCH!

Enjoy coffee, snacks or check out our new lunch menu all at very affordable prices.

\$2 coffees

\$1 snacks



Offering Carers a chance to chat & enjoy a free cuppa at Hug a Mug Café in the House 10am–11am **THURSDAYS.**  
Contact us or CarersTas or just join us.

## Eating with Friends

Wednesday 16 June, 17 July  
12.15 – 1.45pm

Laugh, chat and eat your way through a two-course luncheon for only \$5.

Bookings essential.

Pingo and Pie!!

Thursdays 11.15am \$5

Try a pie – savoury or sweet! Choose before or after Pingo game

Be ready to start the fun with eyes down at 11.15am with Melissa.



## The PlayHouse is OPEN for fun!

MON/WED/FRI 9.30am–12. School terms only

Covid restrictions with 30 people per day.

The Playhouse is located cnr Forbes & Charles Sts, 6424 7060  
Closed school holidays and weekends (at the moment)

## Other Activities

- **Meals on Wheels** – chat to Jo at the House about your needs
- **Community Garden hothouse building** – let us know if you want to participate in this activity
- **Highfield Park nature play area & bbq – will be built soon!**

Supported by the Crown AND Devonport City Council