



June is Bowel Cancer Awareness Month

Poo.Poke.Post. – It could save your life!

Did you know that bowel cancer is the second most common cancer in Tasmania? From the age of 50 your risk of bowel cancer increases and often there are no early warning signs.

Sadly, bowel cancer is also one of the leading causes of cancer-related deaths in Tasmania – as it is commonly diagnosed after symptoms develop, when it is much harder to treat.

The good news is that over **90%** of bowel cancers **can** be treated successfully if they are found early.

If you are aged 50 - 74, the National Bowel Cancer Screening Program will send you a free bowel screening test in the mail every two years.

This simple test can help stop bowel cancer by finding changes in the bowel before they become cancer, or by finding bowel cancer in its earlier stages. The test is quick, clean, and easy to do in the privacy of your own home.

Have you received a National Bowel Cancer Screening kit in the mail? Don't put it off - it's as easy as Poo.Poke.Post – just three little steps that could save your life!

Got a question about bowel cancer screening? Email us at canscreenpeu@ths.tas.gov.au